

Lesson #1-22 Builkom the Rock

Matthew 7:1-14, 24-29

Key Verse:

"In everything do to others as you would have them do to you; for this is the law and the prophets."

Matthew 7:12

The Point:

Jesus teaches us to build our lives on a strong foundation.

Unit Theme (January 27–February 10)

Learning to Follow

Built on a Rock

Building lives on strong foundations.

You will need:

- **†** Bibles
- **†** Cardboard blocks
- **†** Markers

Preparation:

- 1. Recruit a volunteer to read the lesson.
- 2. Decide where you would like to build two walls.

Instructions:

- 1. Break into groups and give each group two blocks and markers.
- 2. Ask the groups to discuss what makes their faith stronger and what makes it weaker. Ask

each person in a group to write or draw one thing that strengthens their faith on one block and one thing that weakens it on the other.

- 3. Invite your reader to come forward.
- As our lesson is read, I invite you to bring up your blocks and build two walls. Build your wall of strength here. Indicate where they should put the strengthening blocks.
 Build your wall of weakness here. Indicate where they should put their weakening blocks.
- 5. Reader reads Matthew 7:1-14, 24-29
- 6. As the reader gets to verses 26-27 (house built on sand), knock down the wall of weakness.
- 7. As we see, only a faith built on a solid foundation of discipleship can withstand the storms of life.

