

Lesson #2-14***Comfort, Comfort My People***

Isaiah 40:1-11

**Key Verse:**

“Then the glory of the LORD shall be revealed, and all people shall see it together, for the mouth of the LORD has spoken.”

Isaiah 40:5

The Point:

We can trust that God will bring us home to God's kingdom.

Advent Theme (December 1—December 22)

Promises Made, Promises Kept

Get Comfortable

Discuss and experience what it means to be comforted.

You will need:

- † Pillows, quilts, teddy bears, etc.
- † Cotton balls, small pieces of flannel and felt, feathers, facial tissues

Preparation:

1. Arrange the “comfort” items at each table.
2. Set out cotton balls, flannel, feathers, and facial tissues at each table.

Instructions:

1. Gather participants in groups, preferably intergenerational groups.
2. **Get really comfortable in your seats. Grab a teddy bear or put a pillow behind your back. Take a feather, cotton ball, or**

piece of felt to rub in your fingers as you talk, if you would like.

3. **As you discuss the following questions, remember to listen to everyone and give everyone a chance to tell their story.**
 - **What makes you comfortable? What is physically comfortable for you, in terms of clothing and environments?**
 - **How do people comfort you emotionally? What makes you feel better when you are sad or upset?**
4. **Our reading today is from the Book of Isaiah. We heard from Isaiah two weeks ago, with a reminder of Israel's disobedience. Today's reading is about comforting God's people after a very difficult period of time.**