

### Lesson #3-C2

# Balby Jesus in the Temple

Luke 2:21-38



#### **Key Verse:**

"...for my eyes have seen your salvation, which you have prepared in the presence of all peoples."

Luke 2:30-31

#### The Point:

Jesus is named and recognized as the salvation of all people.

#### Unit Theme (December 25—January 20)

Revelation of the Son of Man

## Listeming for God

Practice stillness and prayer.

Supplies:

† Nothing

#### Instructions:

- 1. Read Luke 2:21-38 out loud if you have not.
- 2. The prophets Simeon and Anna recognized Jesus for who he was: God's promised Messiah. Their response was to announce this news to those around them. Another way we can respond to recognizing Jesus is to worship. Worship is focusing and connecting to God, and it takes practice. Today, we are going to worship by calming our minds and listening for God. Start by sitting in a comfortable position. I will read a short prayer out loud. Try to slowly breathe in and out and listen to the words, with your eyes closed.

Stillness Prayer

(breathe in) Be still (breathe out) and know that I am God.

(breathe in) Be still (breathe out) and know that I am.

(breathe in) **Be still** (breathe out) and know.

(breathe in) Be still.

(breathe out) **Be.** (pause for a full breath)

(breathe in) Be (breathe out) still.

(breathe in) **Be still** (breathe out) and know.

(breathe in) Be still (breathe out) and know that I am.

(breathe in) Be still and know (breathe out) that I am God.

(breathe in) Amen. (breathe out) Amen.