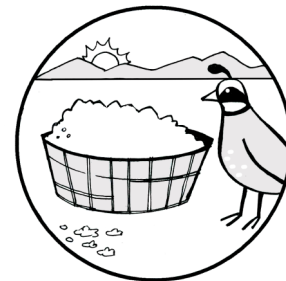




## Lesson #4-5

## MANNA AND QUAIL

Exodus 16:1-18

**Key Verse:**

“I have heard the complaining of the Israelites... I am the LORD your God.”  
Exodus 16:12

**The Point:**

God sends blessings even when people complain and grumble.

**Unit Theme (September 12—October 10)**

God Provides Blessings

## GOD PROVIDES GIFTS FROM ABOVE

*Recreate the story through found objects.*

*Supplies:*

- † Bible
- † Objects found in the room

*Instructions:*

1. **Each group should nominate one member to go around the room and select any five items in the room that do not belong to another person. When they are finished, they should bring them back to their table.**
2. Give groups time to choose items. Do not explain what the objects will be used for.
3. **As you listen to today’s story, look at the items on your table. How can they be used to tell the story?**
4. Have a volunteer read Exodus 16:1-18. Have groups discuss:
  - **Who are the main characters?**
  - **What is the focus of the action?**
  - **How could each object be used to help tell the story?**
5. Invite groups to summarize the story using their found objects. Give them ten minutes to work.
6. Discuss as an entire group:
  - **What did the Israelites complain about? What things do you complain about?**
  - **What did God provide for the Israelites? What do you imagine this looked like and felt like if you were in their shoes?**
  - **Why do you think God provided no more than the Israelites needed?**