



Lesson #4-23

LIFE-GIVING WATER

John 7:37-52

**Key Verse:**

[Jesus] cried out, “Let anyone who is thirsty come to me, and let the one who believes in me drink.”

John 7:37-38

The Point:

Jesus provides us life-giving water through the Holy Spirit.

Unit Theme (January 23—February 27)

Invitation to Abundant Life

HAND WASHING

Use water to serve one another.

Supplies:

- † Bowls of water
- † Towels or paper towels

Preparation:

1. Decide how you will manage the logistics of this activity, given your space, context, and safety protocols. While not as environmentally friendly, paper towels would be more sanitary than sharing cloth towels.

Instructions:

1. **One of the ways that we experience togetherness, or fellowship, with one another is by serving one another. Jesus’ disciples traveled with him on his**

- journey, and we travel with each other.
2. **We remember Jesus’ act of love for his disciples when he knelt and washed their feet, showing that he cared for them in this act of service. Hand washing can be a reminder of that act of foot washing. Today we come together as a community to serve and honor one another in this ancient way.**
3. **As we pass the bowls of water, dip one towel in the water to wash your neighbor’s hands. Remind them that Jesus loves them. Then dry their hands with a second towel.**
4. **Continue until everyone has had their hands washed by someone else in the congregation (or class).**