



Lesson #1-3

JOSEPH'S HOPE

Genesis 39:1-23

**Key Verse:**

But the LORD was with Joseph and showed him steadfast love.
Genesis 39:21

The Point:

God's presence and goodness bring hope and new possibilities.

Unit Theme (September 11—October 9)

God's Promises Bring Hope

PRAYER PARTNERS

Be present for one another

Supplies:

† Bell or chime

Instructions:

1. Often we experience God's presence in our lives through the love, support, and presence of others. A prayer partner can be a physical representation of God's presence in our life. Prayer partners allow a space for vulnerability and support. Today we will embody the presence of God for one another in prayer.
2. Invite participants to stand as they are able to be able to move around the room.
3. One person will hold their hands palm up, and the other person will place their hands palm down on the first person's hands. This symbolizes that we hold one another and support one another through our presence. As you support or are supported by the other person, make eye contact with them. This can be uncomfortable but opens up a space for trust and vulnerability.
4. You may pray for one another out loud or silently. The person with supporting hands—those on the bottom—can pray first, then switch your hands and the new supporter will pray. Each of you will have 30 seconds to pray for the other person.
5. When you hear the bell or chime ring, switch supporters.