

Lesson #1-4

PARTING OF THE RED SEA

Exodus 14:5-7, 10-14, 21-29

**Key Verse:**

“Do not be afraid, stand firm, and see the deliverance that the Lord will accomplish for you today.”

Exodus 14:13

The Point:

God is there in unexpected and powerful ways when we are afraid.

Unit Theme (September 11—October 9)

God’s Promises Bring Hope

STAND FIRM

Work together to pass through the Red Sea.

You will need:

† Masking tape

Preparation:

- Using the masking tape, tape a “tight rope” across the classroom floor.
- Either before class (if there is room in your classroom) or before the activity starts, place chairs or desks or other furniture on both sides of the tight rope, leaving enough room for one student to walk across the tight rope with a helper beside them giving them assistance.

Instructions:

- Just like the people were promised safe passage through the Red Sea, today we are**

- going to make that journey, too! We are going to help each other across this tight rope. Each of us is going to have a turn being the traveler and each of us will have a turn being the helper.**
- We are going to imagine that this furniture is the Red Sea and it has been separated for our safe passage. This tight rope on the floor is where you are going to walk to cross the sea. Try to see if you can walk across the whole line without stumbling. You will have a helper next to you to help you if you wobble or stumble. If you do wobble or stumble, do not worry! We will all cheer you on saying, “Stand firm!” Allow each student to pass through the “sea.” Repeat activity as desired or as time allows.**