



Lesson #2-3

JACOB WRESTLES

Genesis 32:[9-13] 22-30

**Key Verse:**

Then the man said, “You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed.”

Genesis 32:28

The Point:

God changes us.

Unit Theme (September 10—September 24)

God Creates Family

CREATE-A-BLESSING

Create various blessings.

Supplies:

- † Slips of paper
- † Pens or pencils
- † Bowl or basket
- † Scissors

Before class:

1. Write blessing topics on each slip of paper, such as people, meals, homes, travel. Have enough slips of paper for each group to receive one.
2. Place the slips in a bowl or basket.

Instructions:

1. In today’s story, Jacob asks God for a blessing. A blessing is a form of prayer that asks for good things from God.

2. What are some of the things for which people might pray a blessing? *[Food, family, homes, friends, people who are sick, etc.]*
3. Have a member of your group select one of the slips of paper from the bowl. On the slip of paper, you will find a topic for which we can say a blessing. Each group will say their own blessing quietly, because we will all be doing this at the same time. The trick is that each person can only say one word at a time, going around the circle one after the other to complete the prayer. But your blessing can go any way your group wants it to. At the point the blessing seems complete, whoever’s turn it is should say, “Amen!”