

Spirit & Truth

Teaching Kids
the Heart of Worship



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Lesson #L7:
The Bible

Old Testament

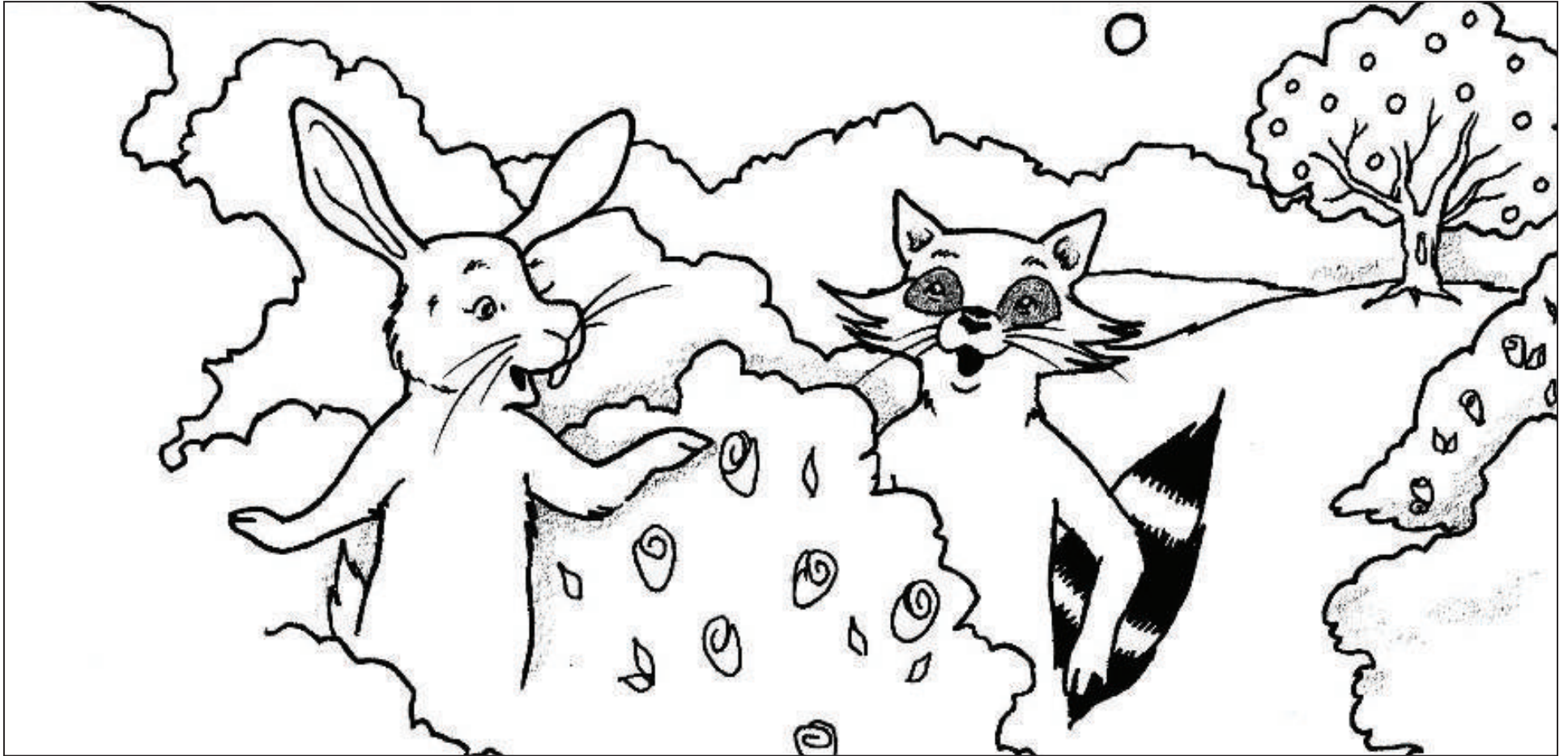
(Stories before Jesus was born.)

The Beginning

In the beginning, God made the whole world. But, Adam and Eve broke God's rule and were very sad.

Act it out!

*Curl into a ball. Stretch and stand up. Pick and eat a fruit.
Act scared and sad.*



God made Adam and Eve and put them in a garden.

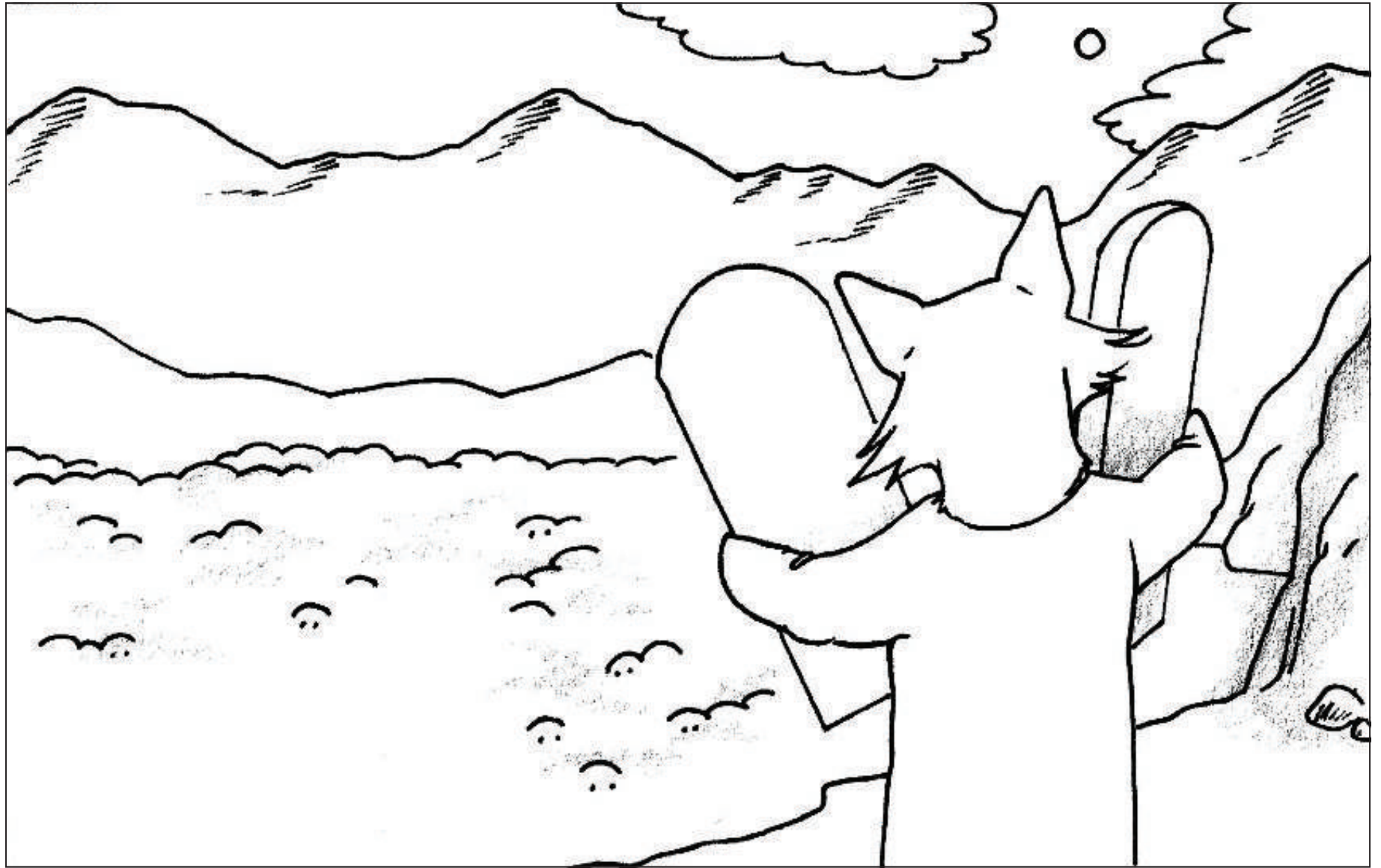
The Books of Moses

God's people were slaves in Egypt.
Moses led them through the Red
Sea into freedom. God gave his
people ten rules to live by.

Act it out!

*Act sad and swing a hammer over your head. Walk through
the sea looking at the water on both sides.*

Hold up ten fingers.



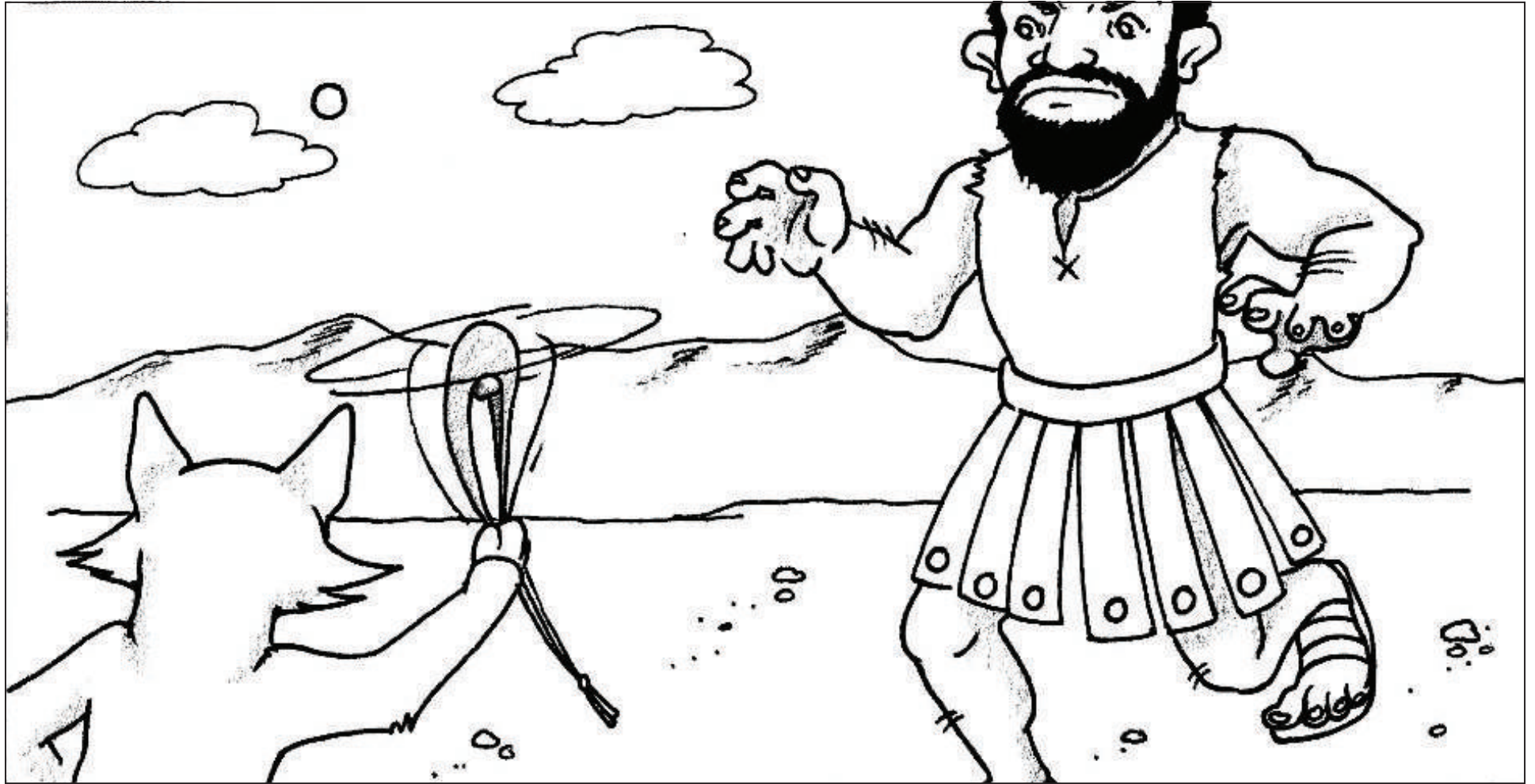
God gave Moses the Ten Commandments.

The History Books

There were many kings in Israel, but David was the best king of all. He killed Goliath with a stone, even though he was a kid!

Act it out!

Swing a sling around and let it go.



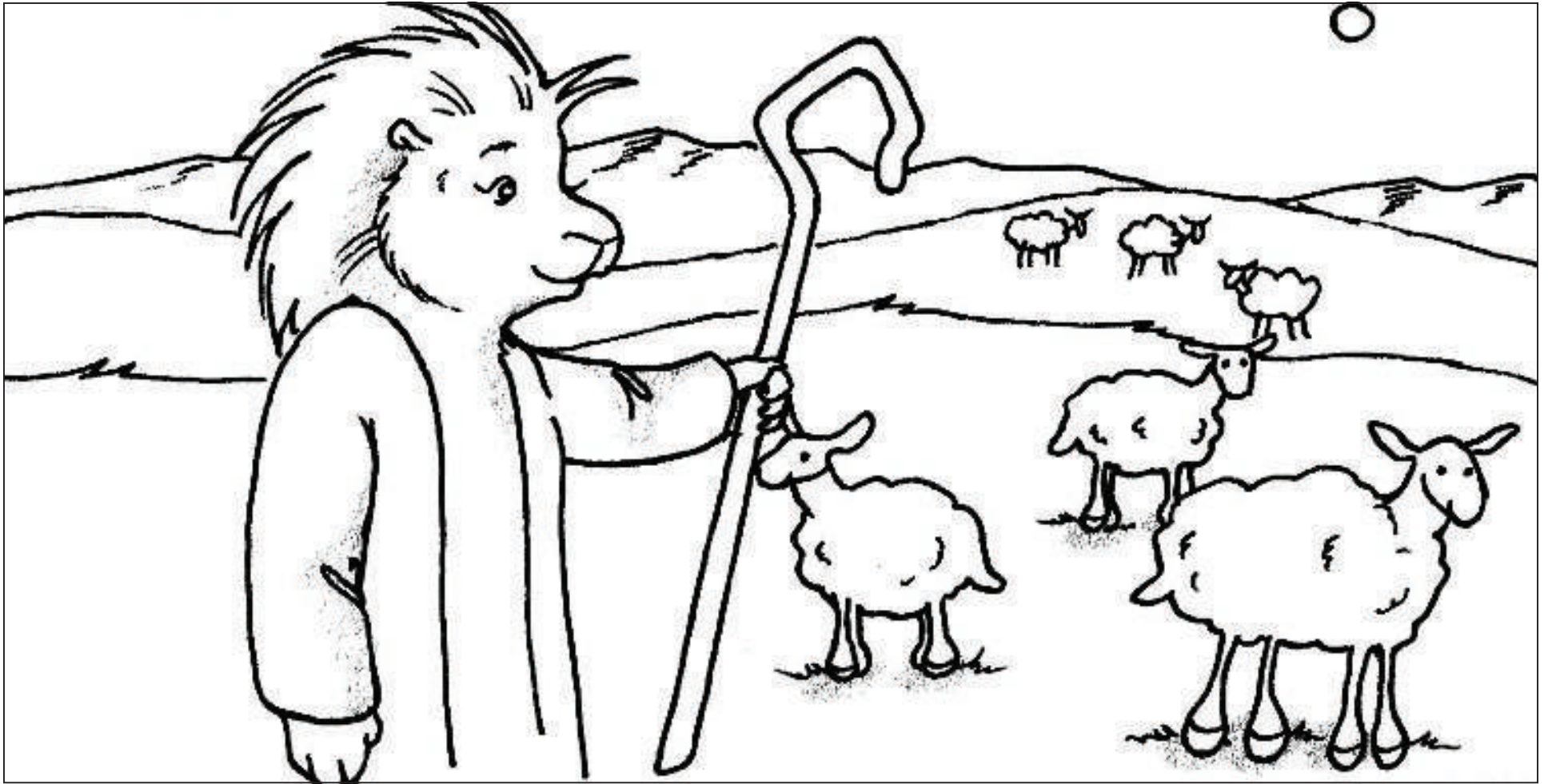
David killed the giant Goliath with God's help.

The Books of Poetry

David and other Israelites wrote songs to God called Psalms. Some songs were happy, some were sad, and some were even mad at God.

Act it out!

Sing, "La, la, la!"



Psalm 23 is about God taking care of us like a shepherd.

The Prophets

During the time of the kings, God chose prophets to tell people to change their bad ways, help their neighbors, and know that God loves them.

Act it out!

With arms wide say, "God says, 'I love you, so stop it!'"
End by pointing a finger.



Jonah did not want to say God's words. Bad idea, Jonah!

New Testament

(Stories after Jesus was born.)

The Gospels

God became a human baby. Jesus died on a cross. He did not stay dead, but rose three days later.

Act it out!

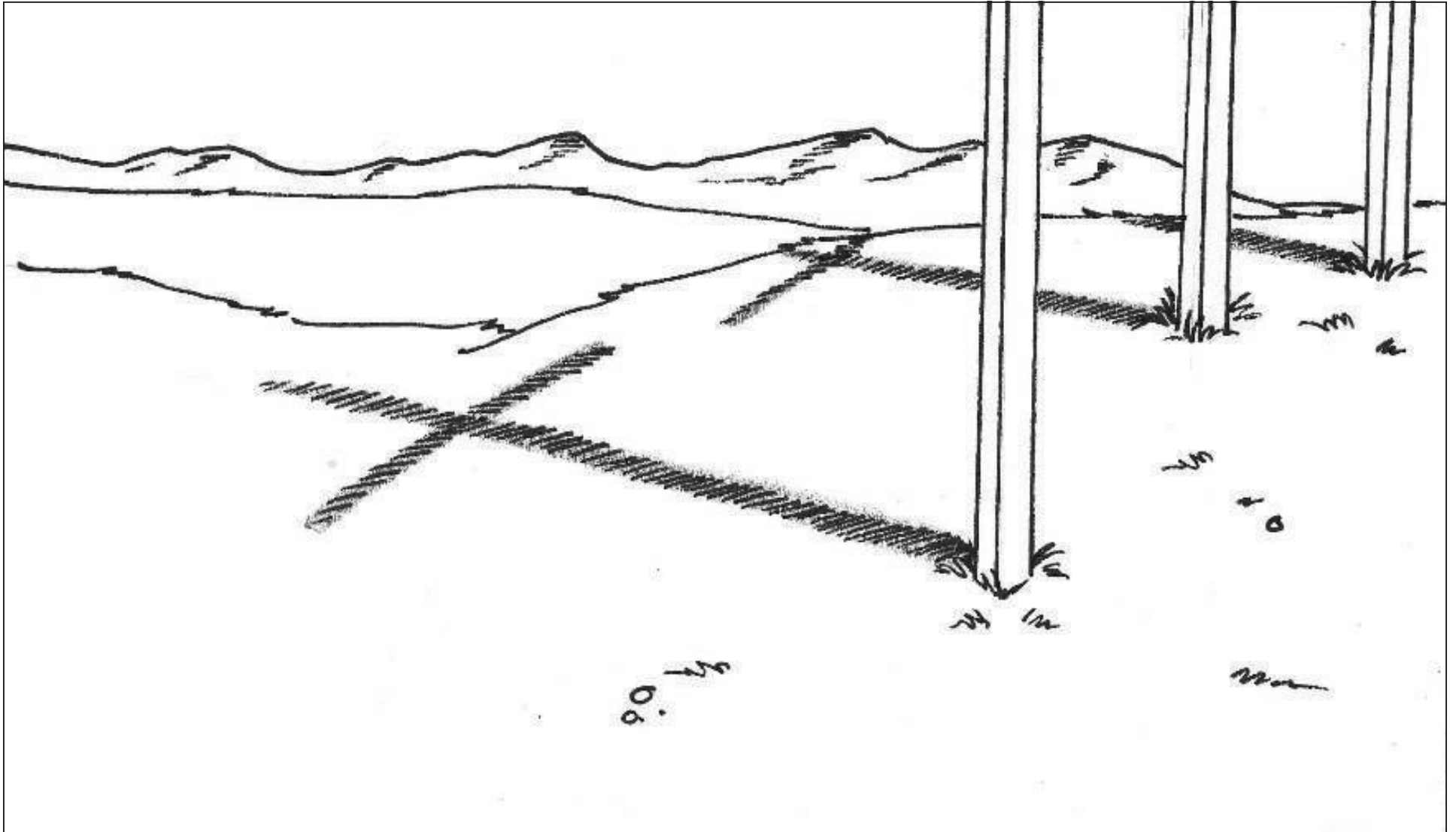
Hold a baby in your arms. Spread your arms on the cross, then fall on the ground. Stand up with arms raised.



God's son was born a little baby.



Jesus calmed a storm.



Jesus died and rose again.

The Beginning of the Church

Jesus sent the Holy Spirit to his friends, the disciples, on a day called Pentecost. The disciples went everywhere they could telling people about Jesus.

Act it out!

Run, walk, or turn around saying, "Jesus is Lord!"



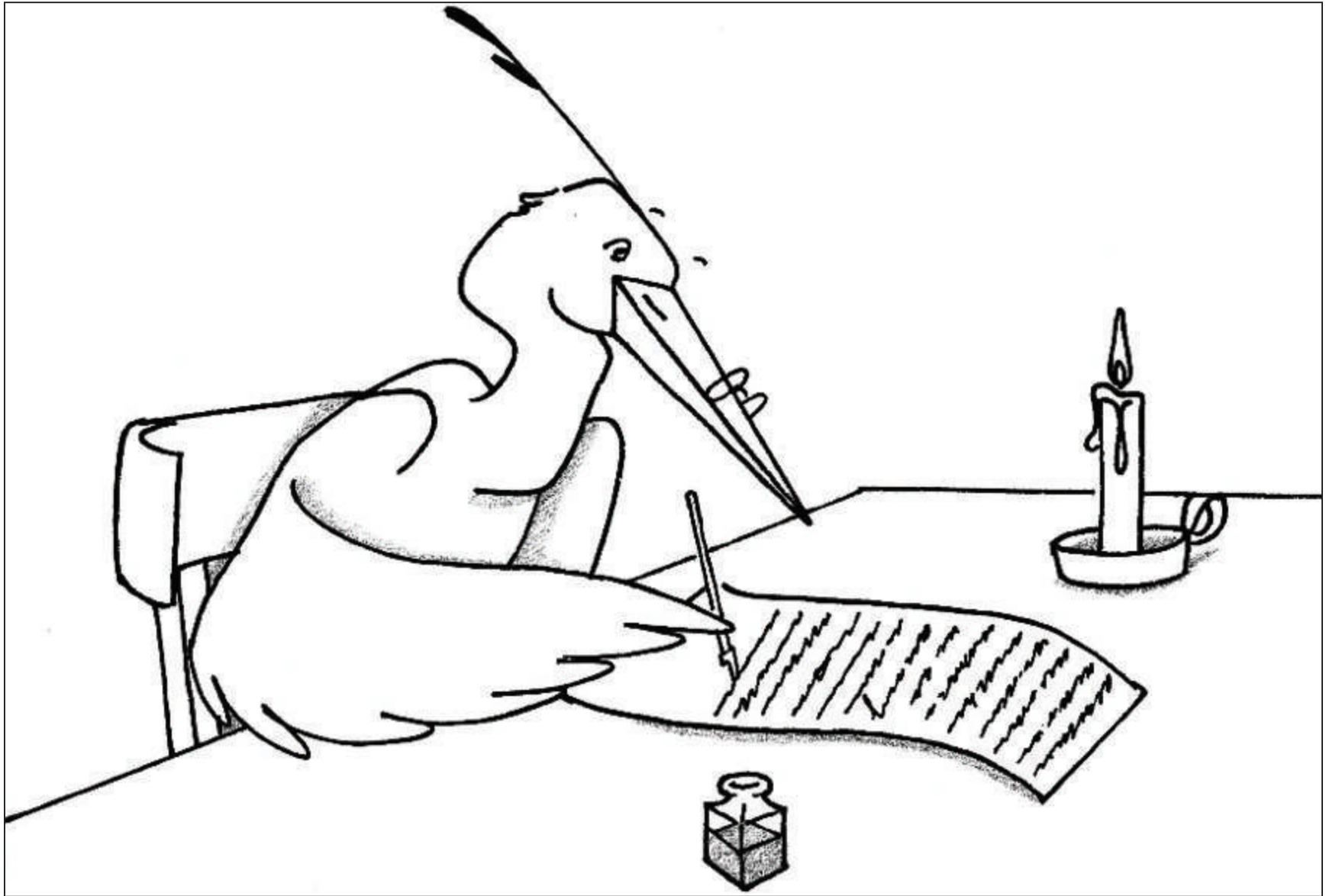
The Holy Spirit came down looking like fire.

The Letters

The apostle Paul wrote lots of letters to different churches. He taught them about Jesus and how to love God.

Act it out!

Pretend to write a letter.



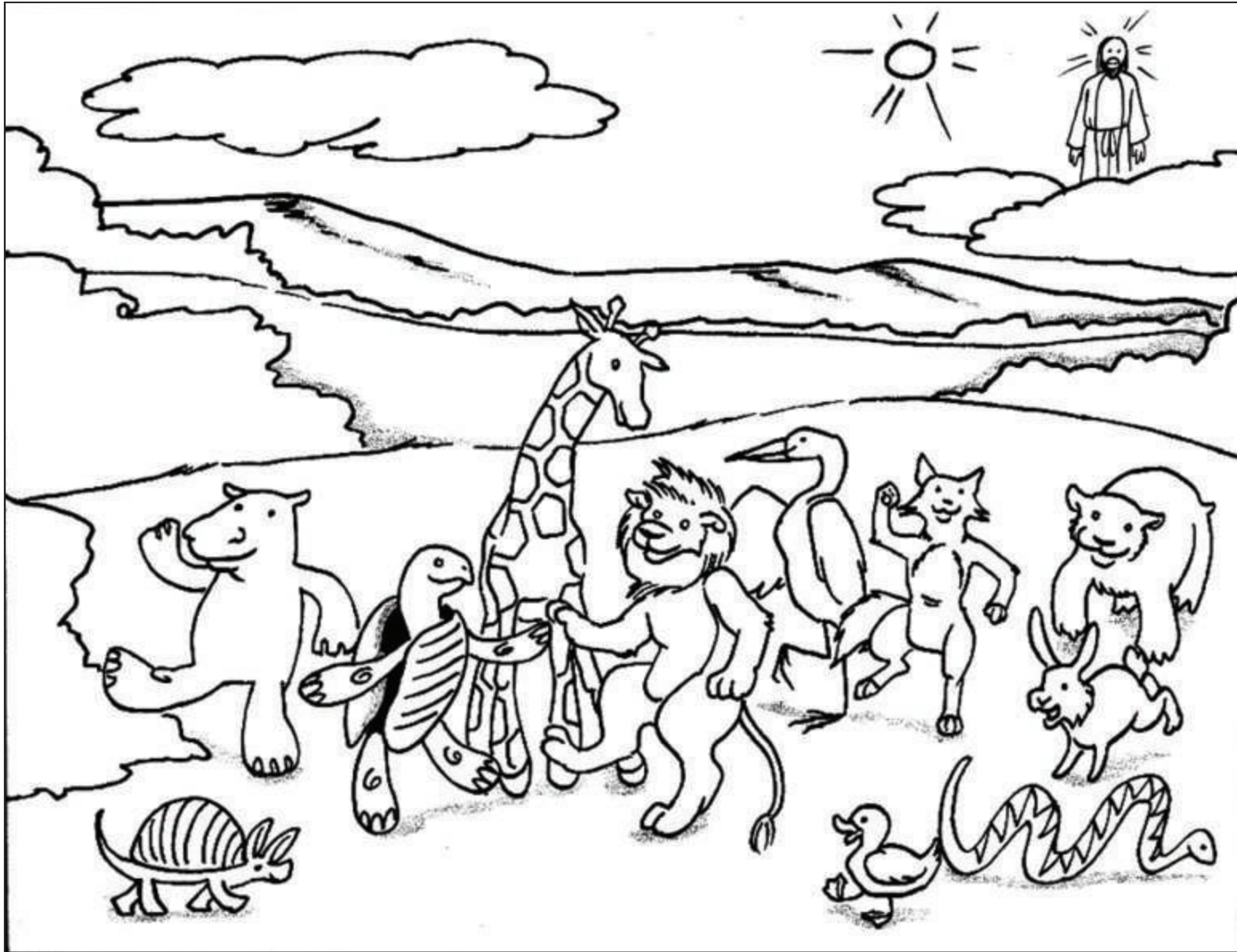
Paul writes a letter.

The New Beginning

God will someday get rid of all of the bad things in this world. Then nothing will separate us from God and we will be happy all of the time.

Act it out!

Dance around happily.



Jesus will make a new world.

A Tour of the Bible for Parents:

Here is the full “Tour of the Bible” as given to the older students, the whole story of the Bible in one page! Go over the text and actions in the coloring book with your child to reinforce the basic story of the Bible.

The Beginning:

In the beginning, the very beginning, nothing existed besides God [**Curl into a ball**]. God spoke, and the whole universe was created [**Stretch and stand up**]. God created the first people, Adam and Eve. They lived in the beautiful Garden of Eden, and the only rule they had to follow was to not eat from one of the trees. But, they broke this rule and ate the fruit of that tree [**Pick and eat a fruit**]. Since they broke the rule they could no longer live forever in the Garden with God. [**Act scared and sad**].

The Books of Moses:

A long time later, after the world was filled with people, God chose a family to be his forever, called the Israelites. But, they became slaves to the Egyptians, doing only what the Egyptians told them to do. Life was very hard, so they prayed to God to rescue them [**Act sad and swing a hammer over your head**]. God saved the Israelites from their slavery through a man named Moses. Moses followed God, who separated the Red Sea so the people could escape from the Egyptians [**Walk through the sea looking at the water on both sides**]. Then, God gave Moses the Ten Commandments [**Hold up ten fingers**] and other rules for living and worshipping God. The Israelites did not listen to God, so they had to walk around in the desert for 40 years.

The History Books:

The Israelites finally made it to the Promised Land, led by a man named Joshua. Joshua and the Israelites fought many battles, including the city of Jericho. They lived there many years. The Israelites kept sinning and then coming back to God. They were first ruled by judges, and then by kings. Saul, the first king of Israel, rejected God and God replaced him with David. David became famous by killing the giant Goliath with a slingshot [**Swing a sling around and let it go**]. David was a good king, as was his son, Solomon. But most of the other kings were bad and there was a lot of fighting.

Poetry:

Some of the Israelites wrote beautiful poetry to worship God and teach others about him. David and others wrote 150 songs to God called Psalms [**Sing, “La, la, la!”**]. These songs were about lots of different things. Some were happy, some were sad, and some were even mad at God.

Prophets:

During the time of the kings, God chose people to talk for him and tell people to change their bad ways, help their neighbors, and say that God loved them [**With arms wide say, “God says, ‘I love you, so stop it!’” End by pointing a finger.**]. These people were called prophets. One of the prophets was Jonah. Some of these prophets wrote down what God told them to say.

The Gospels:

After a long time, God became a human baby as Jesus [**Hold a baby in your arms**]. Jesus taught people about God’s ways and healed many people. He did many amazing things, like calming a storm. To save us all from our sins, Jesus died on a cross [**Spread your arms on the cross, then fall on the ground**]. Jesus did not stay dead, but rose three days later [**Stand up with arms raised**].

Beginning of the Church:

After Jesus rose from the dead, he went up to heaven. Jesus sent the Holy Spirit to his friends, the disciples, on a day called Pentecost. The disciples, now called apostles, went everywhere they could telling people about Jesus [**Run, walk, or turn around saying, “Jesus is Lord!”**]. This is all written down in the Book of Acts.

Letters:

One of the apostles in Acts, Paul, wrote lots of letters to different churches he started [**Pretend to write a letter**]. He taught them about Jesus and gave them lots of other instructions in those letters. We have a lot of those letters, as well as letters from other apostles, too.

New Beginning:

The last book in the Bible is called the Book of Revelation. It is a letter to seven churches and tells them that even though things might be bad now, God will someday get rid of all of the bad things in this world.