

Lesson #L1*What is Worship?*

Psalm 150

*Praise Eggs**You will need:*

- † Plastic eggs
- † Dried beans or rice
- † Bowls
- † Small spoons
- † Glue
- † Small paper plates
- † Toothpicks
- † Paper towels
- † Optional: Praise-themed stickers (that will stick to plastic)

Before class:

1. Pour glue onto one or more paper plates.
2. Put dried beans or rice into one or more bowls.

During class:

1. Hand out the eggs.
2. Using a spoon, demonstrate for students how to put one spoonful of beans/rice in the egg.
3. Have the students dip a toothpick into the glue and put a SMALL amount around the bottom lip of the plastic egg.
4. Carefully close the egg. Wipe up excess glue using the paper towels.
5. If desired, allow students to decorate their eggs with stickers.
6. Read aloud Psalm 150, telling students to praise God with their shaker eggs after each line (you can demonstrate with your own egg).



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